



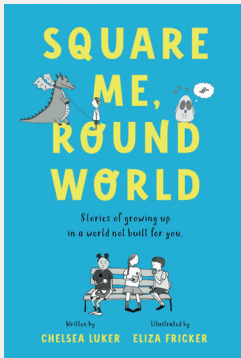
National
Autistic
Society



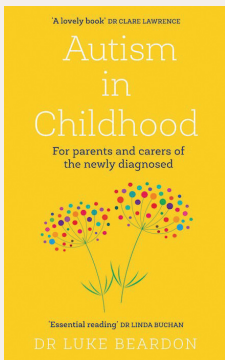
Teen Life Programme

Book suggestions

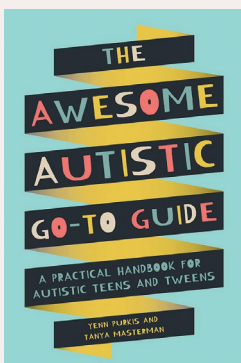
Books



***Square me, round world* by Chelsea Luker
and illustrated by Eliza Fricker**

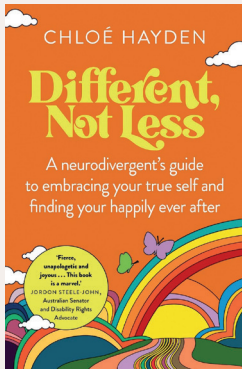


***Autism in childhood – for parents and carers of the
newly diagnosed* by Luke Beardon**

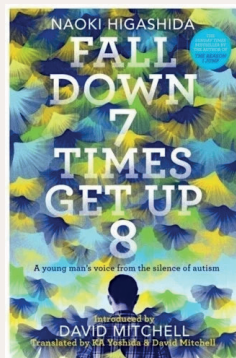


***The awesome autistic go-to guide:
A practical handbook for autistic tweens
and teens* by Yenn Purkis**

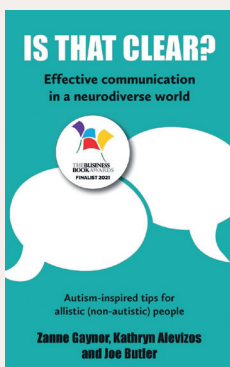
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Different, not less by Chloe Hayden

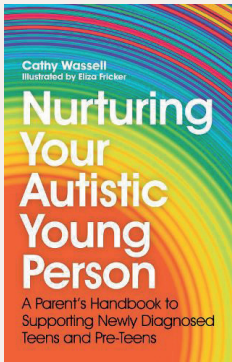


Fall down 7 times get up 8: A young man's voice from the silence of autism by Naoki Higashida

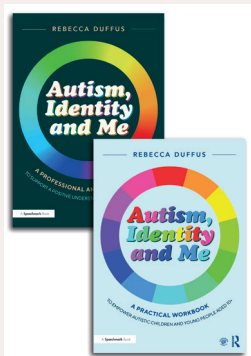


Is that clear? Effective communication in a neurodiverse world by Zanne Gaynor, Kathryn Alevizos and Joe Butler

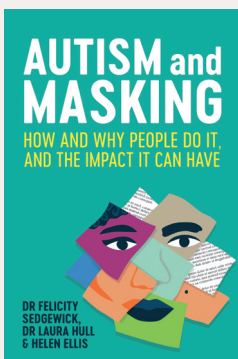
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***Nurturing your autistic young person
by Cathy Wassell***

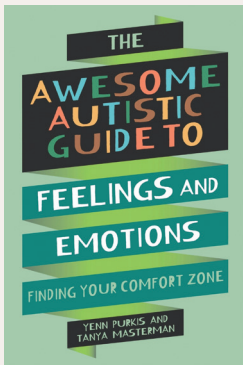


***Autism, identity and me - A practical workbook
and professional guide to empower children
and young people aged 10+ by Rebecca Duffus***



***Autism and masking - How and why people
do it, and the impact it can have by Dr Felicity
Sedgewick, Helen Ellis and Dr Laura Hull***

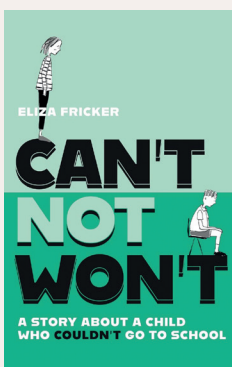
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The awesome autistic guide to feelings and emotions by Yenn Purkis and Tanya Masterman



Championing your autistic teen at secondary school - getting the best from mainstream settings by Debby Elley and Gareth D Morewood



Can't not won't: A story about a child who couldn't go to school by Eliza Fricker

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Websites



Click on the logo to go straight to the website:



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Notes



The National Autistic Society is here to transform lives, change attitudes and create a society that works for autistic people.

We transform lives by providing support, information and practical advice for the 700,000 autistic adults and children in the UK, as well as their three million family members and carers. Since 1962, autistic people have turned to us at key moments or challenging times in their lives, be it getting a diagnosis, going to school or finding work.

We change attitudes by improving public understanding of autism and the difficulties many autistic people face. We also work closely with businesses, local authorities and government to help them provide more autism-friendly spaces, deliver better services and improve laws.

We have come a long way but it is not good enough. There is still so much to do to increase opportunities, reduce social isolation and build a brighter future for autistic people.

With your help, we can make it happen.

Find out more at: **www.autism.org.uk**



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